Archery Course Policy

- 1. At Camp Nawakwa, archery is only permitted on the Archery Range.
- 2. One adult must be a certified National Archery Association instructor (or equivalent program) and must show certification to Camp Host or another designated Our Nawakwa person.
- 3. Preparation for archery activity is vital, the instructor must:
 - Inform your rental group parents/guardians about the activity, including details about safety precautions and any appropriate clothing or supplies that may be necessary.
 - Arrange for adult supervision. The required adult-to-child ratios are at least two non-related adults to every:
 - 12 campers ages 7-8 (plus an additional adult for every 6 campers)
 - 16 campers ages 9-10 (plus an additional adult for every 8 campers)
 - 20 campers ages 11-13 (plus an additional adult for every 10 campers)
 - 24 campers ages 14-17 (plus an additional adult for every 12 campers)
 - Participants must be old enough to understand safety procedures and handle equipment so as not to endanger themselves and others. Ensure that bows and arrows are appropriate to the age, size, strength, and ability of the campers.
 - Archery is not permitted for campers under age 7.
 - Campers ages 7-9 can participate in some archery activities if the equipment is designed for children of that age and body size.
 - Include campers with disabilities. Communicate with campers with disabilities and/or their caregivers to assess any needs and accommodation. Learn more about the resources and information that the National Center on Accessibility provides to people with disabilities.
 - Make provisions for safe handling of archery equipment to and from the range.
- 4. Ensure sure campers are dressed appropriately for the activity. Campers and adults should not be wearing dangling earrings, bracelets, and necklaces that may become entangled in equipment. The must tie back long hair.
 - Archery Gear Basic Gear
 - Waterproof sunscreen and (SPF of at least 15) and lip balm
 - Sunglasses
 - Specialized Gear
 - Bows
 - Arrows
 - Targets
 - Wrist, finger, and arm protection, such as finger tabs and arm guards (right- and left-handed models)
- 5. Prepare for emergencies. Ensure the presence of a first-aid kit and a first aider with certificates in First Aid, including Adult and Child CPR or CPR/AED, who is prepared to handle cases of puncture wounds and sunburn.
- 6. The outdoor range cannot be used after nightfall.

- 7. Archery equipment is stored in the box on Hobb's patio, and should remain locked when not in use.
- 8. The instructor shall review the Archery Safety Rules and Operating Procedures with campers before beginning activity.

Archery Safety Rules and Operating Procedures

- 1. Archery games away from the Archery range are not permitted.
- 2. Instructors should train all campers on proper procedures and form, such as stringing the bow, nocking the arrow, getting the right stance, sighting, and observing safety practices. Before the archery activity, campers should learn the following:
 - Archers straddle the shooting line to shoot.
 - Campers waiting to shoot stay well behind the archery line
 - Never point a bow and arrow at a person, even when not drawn.
 - Arrows are not picked up until the "load" command is given.
 - Never shoot an arrow until the "fire when ready" command is given.
 - Never draw the string and let go without an arrow; this is called dry firing and can break the bow.
 - When aiming the arrow, keep the tip pointed toward the target. Shoot only at target and never at anything else, including trees, animals, etc.
 - Never shoot an arrow straight up into the air.
 - Wait until the all-clear command is given before retrieving arrows.
 - Dress appropriately for the activity.
 - Ensure that equipment is in good condition. Make sure that arrows are not warped and do not have cracked nocks or loose or missing feathers; bowstrings do not have broken or loose strands, and bows do not have loose or broken arrow rests; backstops for targets are in good repair.
 - A beginner uses arrows that extend one to two inches in front of the bow when the bow is at full draw. Only target tip arrows are used, never broadhead/hunting tips.

Approved by the Board of Our Nawakwa, Inc. on the day of 7/9/2024.
Amended
Chair, Our Nawakwa, Inc. Board of Directors